

### MONDAY

## **BREAKFAST**

ORGANIC YOGHURT apricot, white chocolate, pumpkin seed

SEASONAL FRUIT selection of fruit

CINNAMON ROLL butter, flour

JUICE apple, pear, elderflower

DRIED FRUIT & NUTS variety of fruit, mixed nuts

**BOILED EGG** 

#### LUNCH

CONCHIGLIE eggplant, tahini, tomato, basil, dill, sunflower pit

PANZANELLA tomato, pine nut, basil, shisho

GREEN SALAD lettuce, pine nut, french dressing

BAGUETTE flour

CLAFOUTIS plum, raisin, whipped cream, almond



## **TUESDAY**

## BREAKFAST

OVERNIGHT OATS cherry, white chocolate, fig, hazelnut, granola

SEASONAL FRUIT

COFFEE ROLL butter, flour

JUICE apple, elderberry

DRIED FRUIT & NUTS variety of fruit, mixed nuts

**BOILED EGG** 

### LUNCH

FLATBREAD OLD BAY CHICKEN lemon mayonnaise, beetroot, lettuce, walnut, chervil, dill, /v= oyster mushroom

PUMPKIN SOUP garam masala, sour cream, oyster mushroom

> BEETROOT feta, raisin, walnut

PUFF PASTRY onion, old cheese

CARROT CAKE cream cheese, hazelnut



## WEDNESDAY

## BREAKFAST

OVERNIGHT OATS
pear, speculaas spice, dark chocolate, almond crumble, granola

SEASONAL FRUIT selection of fruit

PECAN PIE butter, flour

JUICE orange

DRIED FRUIT & NUTS variety of fruit, mixed nuts

**BOILED EGG** 

### LUNCH

BURGUNDIAN BEAN SOUP white bean, kale, carrot, ground beef, gruyere celery, croutons, hazelnut, parsley, chervil, /v= portobello

EGG anchovy mayonnaise, little gem, chives

CHICORY pear, walnut, honey mustard

RUSTIC BREAD flour

SEMOLINA CAKE orange, honey, strained yoghurt



# **THURSDAY**

### BREAKFAST

ORGANIC YOGHURT stroopwafel, caramel, blackcurrant, granola

SEASONAL FRUIT selection of fruit

CROISSANT butter, flour

JUICE apple, beetroot, cherry

DRIED FRUIT & NUTS variety of fruit, mixed nuts

**BOILED EGG** 

LUNCH

BRIOCHE FISH FINGERS remoulade, fennel, granny smith, dill, butter lettuce, /v= vegan fish

FRENCH ONION SOUP cheese, crouton, parsley

RUSSIAN SALAD chervil, green pea, carrot

PETIT PAN flour

PEAR CRUMBLE 'speculaas', whipped cream



## **FRIDAY**

### BREAKFAST

OVERNIGHT OATS pumpkin spice, chia, almond, granola

SEASONAL FRUIT selection of fruit

CINNAMON ROLL butter, flour

JUICE carrot, orange

DRIED FRUIT & NUTS variety of fruit, mixed nuts

**BOILED EGG** 

### LUNCH

MARKET BOWL

potato, pumpkin, sauerkraut, trout,
beurre blanc, dill, parsley, chervil, poppy seed, /v= celeriac

MUSHROOM leek, thyme

WALDORF SALAD celery, chicory, grape, walnut

VEGETARIAN SAUSAGE ROLL vegetarian minced meat, puff pastry

PEANUT CARAMEL BAR cornflakes, custard