



MONDAY

BREAKFAST

ORGANIC YOGHURT
mulberry, granola

SEASONAL FRUIT
selection of fruit

CROISSANT
butter, flour

JUICE
apple, elderberry

DRIED FRUIT & NUTS
variety of fruit, mixed nuts

BOILED EGG

LUNCH

CHICKEN AND LEEK PIE
mushroom, silver onion, watercress salad, pickles

BIBB LETTUCE
shallot

BEETROOT
watercress, orange, dill

PUFF PASTRY
fennel

PEAR AND WALNUT
whipped cream



TUESDAY

BREAKFAST

OVERNIGHT OATS

apple, cinnamon, raisin, almond, granola

SEASONAL FRUIT

selection of fruit

CINNAMON ROLL

butter, flour

JUICE

apple, pear, elderflower

DRIED FRUIT & NUTS

variety of fruit, mixed nuts

BOILED EGG

LUNCH

MOUSSAKA

mushroom, potato, eggplant, bechamel, watercress

GREEK SALAD

tomato, red onion, green bell pepper, cucumber,
feta, olive oil, lemon, oregano

HUMMUS

radish, fennel, cucumber, pumpkin

SPANAKOPITA

spinach, feta

HONEY YOGHURT

walnut, thyme



WEDNESDAY

BREAKFAST

ORGANIC YOGHURT
pear, dark chocolate, granola

SEASONAL FRUIT
selection of fruit

COFFEE ROLL
butter, flour

JUICE
apple, beetroot, cherry

DRIED FRUIT & NUTS
variety of fruit, mixed nuts

BOILED EGG

LUNCH

CIABATTA MORTADELLA
coeur de boeuf, rucola, lemon mayo

ITALIAN SOUP
white bean, crouton, parsley

ESCALIVADA
bell pepper, eggplant

CROSTINI
olive oil

CHEESECAKE
cream cheese, amaretto,
almond crumble, stewed pear



THURSDAY

BREAKFAST

OVERNIGHT OATS
coffee, cacao, almond, granola

SEASONAL FRUIT
selection of fruit

CINNAMON ROLL
butter, flour

JUICE
orange, carrot

DRIED FRUIT & NUTS
variety of fruit, mixed nuts

BOILED EGG

LUNCH

SLOPPY JOE
gochujang, minced meat, tomato, chives
romaine, french dressing

HOT AND SOUR
shiitake, oyster mushroom, black fungus, omelette, spring onion

POINTY CABBAGE
peanut, chives

PUFF PASTRY
5 spice

STICKY RICE CAKE
walnut, pine nut, chestnut, ginger cream



FRIDAY

BREAKFAST

OVERNIGHT OATS

red fruit, white chocolate, vervain, hazelnut, granola

SEASONAL FRUIT

selection of fruit

CROISSANT

butter, flour

JUICE

orange

DRIED FRUIT & NUTS

variety of fruit, mixed nuts

BOILED EGG

LUNCH

MARKET BOWL

white bean, orange garlic dressing, black lentil,
french dressing, roast pumpkin, seitan, brussel sprout,
bearnaise mayo, pecan , chervil

SAUERKRAUT

mustard beurre blanc, sausage

MESCLUN

french dressing, herbs

SOURDOUGH BREAD

water, flour

TARTELETTE

whiskey coffee ganache, whipped cream