



MONDAY

BREAKFAST

ORGANIC YOGHURT  
mulberry, granola

SEASONAL FRUIT  
selection of fruit

CROISSANT  
butter, flour

JUICE  
apple, elderberry

DRIED FRUIT & NUTS  
variety of fruit, mixed nuts

BOILED EGG

LUNCH

RIBOLLITA  
minced meat, white bean, lacinato kale, tomato, crouton, parmesan

LEEK  
vinaigrette, mustard

POTATO SALAD  
caper, pink pepper

BAGUETTE  
water, flour

TIRAMISU  
orange



TUESDAY

BREAKFAST

OVERNIGHT OATS  
apple, cinnamon, raisin, almond, granola

SEASONAL FRUIT  
selection of fruit

CINNAMON ROLL  
butter, flour

JUICE  
apple, pear, elderflower

DRIED FRUIT & NUTS  
variety of fruit, mixed nuts

BOILED EGG

LUNCH

BLACK LENTIL  
chicory, lemon, taleggio, walnut, bib lettuce

PICKLED HERRING  
potato salad, apple, caper, dill

GREEN SALAD  
watercress, lettuce, cucumber, tarragon dressing, almond

SOURDOUGH BREAD  
water, flour

APPLE TURNOVERS  
puffed pastry, raisin, vanilla



WEDNESDAY

BREAKFAST

ORGANIC YOGHURT  
pear, dark chocolate, granola

SEASONAL FRUIT  
selection of fruit

COFFEE ROLL  
butter, flour

JUICE  
apple, beetroot, cherry

DRIED FRUIT & NUTS  
variety of fruit, mixed nuts

BOILED EGG

LUNCH

FRIED RICE  
egg, sajour bean, yellow acar, onion, chinese cabbage

CUCUMBER  
shallot, ginger, lemongrass

EGG  
spicy dressing

CASSAVA CHIPS  
yuca

PANDAN PANNA COTTA  
spekkoek, coconut



THURSDAY

BREAKFAST

OVERNIGHT OATS  
coffee, cacao, almond, granola

SEASONAL FRUIT  
selection of fruit

CINNAMON ROLL  
butter, flour

JUICE  
orange, carrot

DRIED FRUIT & NUTS  
variety of fruit, mixed nuts

BOILED EGG

LUNCH

TOSTADA MINCED MEAT  
bean, cheese, red onion, tomato salsa, cilantro

CABBAGE  
apple, parmesan, tomato lime dressing

SWEET POTATO  
sour cream, spring onion, chipotle

NACHOS  
cornflour, cheese

SOPAPILLA  
custard, atsina



FRIDAY

BREAKFAST

OVERNIGHT OATS

red fruit, white chocolate, vervain, hazelnut, granola

SEASONAL FRUIT

selection of fruit

CROISSANT

butter, flour

JUICE

orange

DRIED FRUIT & NUTS

variety of fruit, mixed nuts

BOILED EGG

LUNCH

SMOKED CHICKEN FLATBREAD

savoy cabbage, five spice lemon mayo,  
oyster mushroom, lambs lettuce, cherry tomato

MUSHROOM BOUILLON SOUP

crouton, sunflower seed

ROQUEFORT SALAD

apple, celery, hazelnut, cranberry

PUFF PASTRY

old cheese

FRENCH APPLE TART

almond, sour cream