



MONDAY

BREAKFAST

ORGANIC YOGHURT
mulberry, granola

SEASONAL FRUIT
selection of fruit

CROISSANT
butter, flour

JUICE
apple, elderberry

DRIED FRUIT & NUTS
variety of fruit, mixed nuts

BOILED EGG

LUNCH

RIBOLLITA
minced meat, white bean, lacinato kale, tomato, crouton, parmesan

LEEK
vinaigrette, mustard

POTATO SALAD
caper, pink pepper

BAGUETTE
water, flour

TIRAMISU
orange



TUESDAY

BREAKFAST

OVERNIGHT OATS
apple, cinnamon, raisin, almond, granola

SEASONAL FRUIT
selection of fruit

CINNAMON ROLL
butter, flour

JUICE
apple, pear, elderflower

DRIED FRUIT & NUTS
variety of fruit, mixed nuts

BOILED EGG

LUNCH

FRIED RICE
egg, sajour bean, yellow acar, onion, chinese cabbage

CUCUMBER
shallot, ginger, lemongrass

EGG
spicy dressing

CASSAVA CHIPS
yuca

PANDAN PANNA COTTA
spekkoek, coconut



WEDNESDAY

BREAKFAST

ORGANIC YOGHURT
pear, dark chocolate, granola

SEASONAL FRUIT
selection of fruit

COFFEE ROLL
butter, flour

JUICE
apple, beetroot, cherry

DRIED FRUIT & NUTS
variety of fruit, mixed nuts

BOILED EGG

LUNCH

BLACK LENTIL
chicory, lemon, taleggio, walnut, bib lettuce

PICKLED HERRING
potato salad, apple, caper, dill

GREEN SALAD
watercress, lettuce, cucumber, tarragon dressing, almond

SOURDOUGH BREAD
water, flour

APPLE TURNOVERS
puffed pastry, raisin, vanilla



THURSDAY

BREAKFAST

OVERNIGHT OATS
coffee, cacao, almond, granola

SEASONAL FRUIT
selection of fruit

CINNAMON ROLL
butter, flour

JUICE
orange, carrot

DRIED FRUIT & NUTS
variety of fruit, mixed nuts

BOILED EGG

LUNCH

TOSTADA MINCED MEAT
bean, cheese, red onion, tomato salsa, cilantro

CABBAGE
apple, parmesan, tomato lime dressing

SWEET POTATO
sour cream, spring onion, chipotle

NACHOS
cornflour, cheese

SOPAPILLA
custard, atsina



FRIDAY

BREAKFAST

OVERNIGHT OATS

red fruit, white chocolate, vervain, hazelnut, granola

SEASONAL FRUIT

selection of fruit

CROISSANT

butter, flour

JUICE

orange

DRIED FRUIT & NUTS

variety of fruit, mixed nuts

BOILED EGG

LUNCH

SMOKED CHICKEN FLATBREAD

savoy cabbage, five spice lemon mayo,
oyster mushroom, lambs lettuce, cherry tomato

MUSHROOM BOUILLON SOUP

crouton, sunflower seed

ROQUEFORT SALAD

apple, celery, hazelnut, cranberry

PUFF PASTRY

old cheese

FRENCH APPLE TART

almond, sour cream